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| **MISD Guidance Lesson Cover Sheet** |
| **“Support Others Through Service”** |
| **Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Author(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****Topic: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade Levels: \_\_\_\_ SHAC: \_\_Y or \_\_N****Pillars of Character: \_\_Fairness \_\_Caring \_\_Respect \_\_Responsibility \_\_Trustworthiness \_\_Citizenship****Materials & Instructions:****Links & Resources:**  |
| **MISD Mission Goals (Check the Objectives)** |  |
| **Individualized success** * To complete school with the academic preparation essential to choose from a wide range of post-secondary options, including college and vocational education
* To acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions
* To know how to employ strategies to achieve future career goals with success and satisfaction

**Academic achievement and planning for the future*** To acquire attitudes, knowledge and skills needed for effective learning in school and across the life span.
* To understand the relationship of academics to the world of work and to life in the community
 | **Social connections*** To acquire the knowledge, attitudes and interpersonal skills to help students understand and respect self and others.
* To develop cross cultural competence and effective listening skills

**Respect & Responsibility*** To acquire the skills to make decisions, set goals and take necessary action to achieve goals.
* To understand the relationship of personal and social development to life at home and in the community

**Emotional well-being and personal growth*** To understand safety and survival skills that support personal health and wellness
* To effectively regulate emotions and cope with life stressors by increasing resilience and other developmental assets
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| **ASCA Mindsets** | **TEA Strands** | **MISD Graduate Profile** | **Other Mandates** |
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| **Learning Strategies (LS)****Self Management Skills (SMS)** **Social Skills (SS)**  | **Intrapersonal Effectiveness(IAE)*** Positive Self Concept
* Executive Functioning
* Appropriate to Situation

**Interpersonal Effectiveness (IE)*** Diversity awareness
* Communication Skills
* Boundaries & Rights
* Conflict Resolution
* Healthy Relationships

**Postsecondary Planning &** **Career Readiness (CCR)*** Motivation to Succeed
* Career Exploration
* Knowledge of Options
* Awareness of Importance
* Relationship of academics to work and life

**Personal Health & Safety (PHS)*** Wellness Practices
* Resiliency and Positive Coping Skills
* Assertiveness Skills
* Capable Listener
 | **Effective Communicator (EC)*** Technologically literate
* Collaborative
* Capable Listener
* Respectful
* Financially Literate
* Information Literate

**Socially Responsible Citizens (SRC)*** Ethical
* Globally Aware
* Community Contributors
* Values equality and justice
* Appreciates diversity

**Quality Contributor (QC)*** Critical Thinker
* Creative
* Innovative
* Individually Accountable
* Risk Taker
* Continuous Learner
 | * Bullying Prevention
* Child Abuse Prevention
* Character Education
* Dating Violence Prevention
* Substance Use Prevention
* Coordinated Health
* Internet Safety
* Sexting
* Suicide Prevention
* Mental Health
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| **Quick Data Collection Details :**  |
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